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Quotation for Presence Meditation – April 1, 2020

Excerpt from *Seek Ye First,* Chapter 1, "The Inner Kingdom"

Every day, at least once, inwardly let us raise our hands, as if we were holding them over the whole world and letting God's grace flow through us to this world. We are doing nothing of our own account; we are letting ourselves be the instrument. It is as if these hands were up over the globe, and from these hands went forth God's grace and God's blessing to all who are receptive and responsive. …

Always we carry with us these two passages: … First, "My kingdom is not of this world"—the spiritual kingdom, the Christ-kingdom, is really within us. Whatever we want of the Christ, we seek within ourselves. Then, having established that within us, come these words, as if coming up from within: "My peace I give unto you." The Christ-peace, the spiritual peace, the peace of the Father is given unto us. Always, every day, let us feel that peace welling up from within: *"My* peace, the spiritual peace, God's grace, give I unto the world."