

Goldsmith Global

A Summary of Recording #413, Side 2, from the 1961 Manchester Special Class: “Building Transcendental Consciousness” Given by Joel S. Goldsmith

The goal of our work is the attainment of spiritual consciousness, and that entails not only learning the letter of truth, but what is far more essential—the *practice* of that letter of truth. The letter of truth itself does not produce harmony in our experience. It merely helps to bring about a change of consciousness.

In our ordinary human state where we have two powers, we are always in fear, and there is very little possibility of attaining illumination. But when we accept that there is but one real power, and therefore that we need not fear any negative powers, we can begin to practice living that way. Whenever we are confronted with an erroneous appearance, we can consciously remember that there is but one power and abide in that truth. As we continue to do this, gradually, we lose our fears, and our consciousness changes. We begin to see that since the kingdom of God is within me, there are no powers external to me. When we have practiced until that becomes a settled state of consciousness, “no evil will come nigh our dwelling place.”

As humans, we do not know that God constitutes individual being and that every individual is a channel for God’s grace. We may even fear man and man’s potentiality for doing evil. But all of this dissipates as we acquire the consciousness of God as individual being. With that recognition, we are able to impersonalize evil, knowing that any negative traits are never of a person. They are impersonal, having their rise in a universal belief in two powers. When we separate negative traits or actions from the individual who *seems* to be an avenue for them, we not only make ourselves immune to the so-called evil; we often heal the other person. Through practice, we build a consciousness within ourselves of God’s life, God’s law, and God’s spirit constituting every individual, and then all those within range of our consciousness come under that grace instead of under law.

If we live consciously in the realization that God is the life, mind, and soul of every individual, that purity of consciousness will be a protective influence for us. As we practice impersonalization with all others and dwell constantly in the realization of God as constituting individual being, we develop an illumined consciousness that will not permit evil to come nigh our dwelling place. Evil never comes to the pure in thought. So you see that the correct letter of truth, when known and *practiced*, develops a higher state of consciousness.

In our human experience you may meet problems that are a little too difficult to solve. But if you take scriptural passages such as “*Thou wilt keep him in peace whose mind is stayed on Thee*” or “*Lean not unto thine own understanding. Acknowledge Him in all thy ways*” and apply them when a difficult problem arises, you can be transformed in consciousness to where a problem is no longer a problem of yours, but a problem of “ours”—the Father and I—and you are no longer just an individual living your own life. But you have to work with those Bible passages. You have to apply them each day with every problem that comes up, so that you develop such an awareness of this Presence that never again would you feel that you had a difficult or unsolvable problem.

We have to practice the Presence with every experience of our life, remembering that the Presence is where I am; that It goes before me to make the crooked places straight. This builds

the assurance that: I am never alone: "*I will never leave thee no forsake thee.*" When we have that consciousness of the Presence, we don't have to take thought for every detail of our lives, for there is always something greater than we are helping us in our endeavors. But again, we are the ones who have to develop that consciousness, and we develop it by the *practice* of the principles.

As humans, we fear material and mental laws. But if you faithfully practice the principle of one law—God—you will so abide in the realization that *all* law is spiritual, perfect, and harmonious that you will stop fearing material laws. Here again, we are the ones who have to know the truth and *practice* it so that we develop this consciousness of truth.

As human beings we live entirely under physical laws and mental laws. But the law that has really worked havoc in the life of mankind is karmic law: "*As ye sow, so shall ye reap.*" The Master's mission was to lift us into a state of life where law did not operate, and karma did not operate. But this point was lost, and so for millennia we have been living under the law instead of under grace. Grace is living in absolute, complete harmony in every department of our lives, without might, power, or effort; without taking thought, or earning or deserving it—just as a gift of God.

How do you come out from under the law and live by grace? First, study the Gospels, especially the Sermon on the Mount, to see what the Master said we must give up—that is the part about "*ye have heard it said of old.*" Be sure that you are giving that up, and then be sure that you are fulfilling the part about "*but I say unto you.*"

You can simplify it in this way. Realize several times each day that "*I of my own self can do nothing;*" that I wish to be only an instrument through which God's love and goodness reaches this world. Realize that whatever of a negative nature is still in your consciousness is not yours. It is impersonal, of the carnal mind. Realize also that whatever of good is in your consciousness is not your good, but God's good. Impersonalize the evil so that you do not condemn yourself or another, and impersonalize the good so that you recognize that whatever good is flowing through you or another is really God finding outlet and expression. Then you neither sow nor reap. You are the instrument of God's grace. This is how we pass from living under the law to living under grace. We are under grace in proportion as there is no longer a personal I within us to do evil, or to do good. Dying daily means letting the 'I', the personal sense of self, disappear.

The books and tapes containing the letter of truth are only tools, given us to use and practice with so that we may develop an entirely different consciousness than the one we were born with; a consciousness that no longer fears or hates anything because of the recognition of one power; a consciousness which is a complete recognition of God as constituting individual being; a consciousness that is aware of the partnership—*I and my Father.*

That consciousness is the transcendental consciousness, or Christ consciousness. Jesus always spoke from that consciousness. As you develop that consciousness, you find that the things of this world do not come nigh thy dwelling place. You find that you are not dependent on the human mind; that there is a Christ-mind within you ready to perform the moment you are still. Be still in quietness and in confidence. Lean not unto thine own understanding. Let the divine wisdom reveal Itself to you. Let the spiritual Mind express Itself. Let your inner wisdom come forward. To build this consciousness, use the correct letter of truth and *practice* it.