

Goldsmith Global

A Summary of Recording #257, Side 1, from the 1959 Tuesdays at Halekou:
“Remolding Our Lives—The Practice of Truth—The Fourth Dimension”¹
Given by Joel S. Goldsmith

This is a deep lesson, and not a very easy one. No one has discovered any easy way to successful living on earth. If you work to mold your life on spiritual lines, you will find that it is very difficult for a while, because it involves hard work. Every evil on earth could be wiped out if the people of the world determined that evils should be wiped out, but the people have not. Only when we get desperate enough are we willing to do the hard work to find the way.

The reason for evils on earth is the so-called “fall of man,” or the acceptance of two powers—good and evil. From infancy, we live a life of good and evil; we are acted upon by a mesmeric influence without our knowing it. Yet in the past seventy-five years, thousands of families have brought up children without childhood diseases or juvenile delinquency. Through specifically knowing the truth, parents kept those influences out of their home.

With what we know today, it is possible to eliminate at least eighty percent of the world’s discords. This is accomplished by working with the principles. First, you must know the principles, and then *practice* them. You also must surmount old theological beliefs. It may be hard to learn that going to church, going through rites and rituals, or believing that God will do something is not the answer. “*Ye shall know the truth and the truth shall make you free.*”² It doesn’t say, “The truth shall make you free.” It says, “***Ye** shall know the truth,*” and then the truth shall make you free. The responsibility is on your shoulders.

It really amounts to whether you want this harmony enough to wake up in the morning in time to study and practice, and to set aside periods throughout the day for active practice. You will not attain spiritually by merely reading books, any more than you would learn a language by reading a book about it. Reading books is just a step leading up to the *practice* of what you learn.

All the ills of this world come into our experience either through the universal carnal mind that is continuously hammering at us, or through the pressure of other people’s thoughts and beliefs. Yet we know that there is only one power, and that power is Spirit, God. The proof is that whenever you bring your discords to where that one power is in operation, they begin to disappear, just as darkness disappears with the entrance of light.

But just as darkness remains until light is introduced, the carnal mind will be a power in human experience until it is brought face-to-face with the realization of truth. Even though we can eliminate discords from our own experience through our practice, there will still be hospitals and mental institutes and cemeteries and prisons. In other words, never doubt that the carnal mind is power where truth is not known. But carnal mind is not power in the sense that it can maintain or sustain itself in the presence of truth, any more than darkness is a power that can maintain itself in the presence of light. Yet in the absence of light, darkness is there, and in the absence of a consciousness of truth, error is there in every form. The carnal mind is proved to be

¹ The complete transcript of this class is available at www.joelgoldsmith.com, or by calling 1-800-922-3195.

² John 8:32

nothingness only when a consciousness illumined with truth is brought to the situation. Until then, the carnal mind operates, and you can't close your eyes to that.

But remember, every one of us has the potentiality of the Christ, with access to that mind which was also in Christ Jesus. We may not be proving that in too great a degree, but if, by our developed spiritual consciousness, we can see the healing of a headache, a cold, or any of the minor things, we know that it is just a matter of a higher degree of developed consciousness until every evil disappears. It can be done. It's a matter of dedication and the extent to which we are willing to *practice* with the letter of truth until we attain that consciousness.

To practice, we must first learn what the truth is. One key lesson is that any discord is imposed on us by the mesmeric nature of what is called “carnal mind” or “universal belief.” But the truth is that “*I and the Father are one*”³ and “*All that the Father hath is mine.*”⁴ So the fulness of the Godhead is expressing Itself as my individual being, and this is true of every individual.

The only thing that prevents my demonstrating and living this is a mental activity that begins as a universal belief and comes into personal expression as a discord. But that discord is not a power, because it was not created by God and is not maintained or sustained by God. God is infinite, and there is no other presence. Therefore, any discord has no reality, law, substance, or cause. It is a universal belief, and it does not need to be destroyed. Rather, we must consciously realize it as no mind, no power—just nothingness. We do not use truth to destroy error; we know the truth that error is not a person, power, force, or condition, and has no law to sustain it.

The chapter “Protective Work” in *The Infinite Way Letters of 1955* illustrates this. Unless you are willing to practice the protective work described there, do not think for a moment that you are setting yourself free from the action of carnal mind. It will function in your experience in the most unexpected ways until you yourself come to the place of nullifying it by a conscious knowing of the truth. With consistent practice of the truth of the non-power of error, it becomes so much a part of your consciousness that you automatically reflect it in your daily living.

Daily practice of this truth of the non-power of error can clear your home of most of the things that disturb it, for “*none of these things will come nigh thy dwelling place*”⁵ if you dwell in this truth; if you abide in this word. So, when you awaken in the morning, realize:

*God is the life and the soul of this household. The news tells of disease, weather disasters, wars, and bad politics, but all of this is embraced in the carnal mind, and the carnal mind is not a power. It is a belief in two powers, and if I accept that belief, I am subject to it. But if I realize that this is the household of God, maintained and sustained by God; that God is the only power; that the carnal mind is only a temptation to believe this is a human household, I can reject these appearances. I live and move and have my being in this consciousness of one power—God power. All else called evil, temptation, carnal mind, mortal mind, or any other name is not power. God does not destroy evil powers; evil powers **are not** powers.*

³ John 10:30

⁴ John 16:15

⁵ Psalm 91:10

Practice that faithfully until it develops in you the actual consciousness of this truth, and it will change your entire experience.

Most of my healing work is accomplished when I sit back, become still, and listen and wait until *I* comes to the surface and reminds me, "You can't do anything about it and you don't have to. *I* am here." When that *I* consciously announces Itself, there is a complete relaxing of Joel. That *I* takes over, and the work is done.

There is a fourth-dimensional awareness of life that is more than the life of the five senses, but it comes only when, through meditation, we can be so still that the five senses stop functioning. When that happens, you are living the life described by Paul, "*I live, yet not I; Christ liveth my life.*"⁶ You do not make decisions, nor do you take thought for your life.

What we call "passing on" is just another chapter of life like infancy, childhood, or adulthood. Our lives did not begin with birth. We co-exist with God, and God is the same yesterday, today, and forever. Nothing new is being added to the activity of God. Life is not created; it unfolds, disclosing itself in the visible from the invisible. The secret of all life is in the word "consciousness." Consciousness never began and can never end. All life is unfolding consciousness, and it unfolds in states and stages. If you look at your own life before you came to a spiritual study, you will see how your consciousness has evolved. Things that were possible to you as a human being at that time are no longer possible to you. The spiritual vision you have today wasn't possible then. You are the same person, the same consciousness, but your consciousness is more highly evolved. That is the secret of life.

Sin, disease, lack, limitation, unhappiness, and loneliness will all tackle us. Even if we find a practitioner who can remove them from our experience today, they will return unless our consciousness changes. But how do we change our consciousness? Once again, the answer is "*Ye shall know the truth and the truth shall make you free.*" Consciousness changes once you begin to perceive the truth of your identity: I and my Father are one; God's grace is my sufficiency; I need not fight; I need not battle. But having declared those things, you must stand fast in them until you have developed the state of consciousness in which there is no more discord.

A practitioner does not become a good practitioner until they have worked with so many things, so many times that they have developed a state of consciousness that does not battle any claim presented to them. Then they are spiritual healers, and not before. Consciousness is the secret. We can't heal disease or the world's troubles, but we can develop our consciousness from its ignorant state to a new state.

When we know the truth that discords come into our experience only because we have a belief in two powers and are fighting a world that can't be fought, we rule them out of our consciousness. When we understand that we are not sinners and not responsible for the ills of our flesh; that all of this is imposed upon us, and we haven't been taught how to meet it; that discords are not of God, but of the mesmeric influence of mortal mind and have no power, we are free of those impositions. Once you stop fighting the error and begin to realize that because God is infinite,

⁶ Galatians 2:20

all else must be powerless, you rest and relax, and this "T", the fourth-dimensional experience, can come in. That fourth-dimensional experience is the light that dispels the darkness.

I would like you to study the chapter "Protective Work" in *Infinite Way Letters 1955*, and the chapter "Love Thy Neighbor" in *Practicing the Presence*. In "Love Thy Neighbor," you will encounter a truth that may shock you but may lead you to the point of experimenting.

It is not what goes into the mouth that defiles; it is what comes out of the mind, out of the consciousness. Nothing and no one in the external world is causing our discords; it is our ignorance of truth. In other words, if I am just a blank about truth, then I am receiving all of these impressions from without, and I act on them and react to them. But when I begin a serious practice of these lessons, I become master of my fate. The truth that I know and that I am practicing and allowing to permeate my consciousness begins to take over, and then nothing from without enters to defile or make a lie. The truth that I consciously know is now in control of my life, body, health, and work.

The first chapter of Genesis tells us that we were given dominion over everything on earth, in the water, in the air, and in the sky. Now, you know that humans do not have such dominion. They don't have dominion over germs, accidents, alcohol, or drugs. They don't have dominion over food. They even give the stars dominion over their lives. But that is all because of an ignorance of truth. The truth is that we were given dominion over our lives, but you can only accept and exercise that dominion by an act of consciousness. You must consciously know the truth; learn the truth. Then you must consciously *practice* the truth, and through the learning and practice of truth, you develop a consciousness of truth.

Then you bring into your experience the deep secret, which is the fourth dimension. The fourth-dimensional consciousness is brought into action in our lives only through meditation. Once you learn to meditate and can get into a sense of peace and listen, suddenly this "T" comes in: "I will never leave you nor forsake you. I will be with you to the end of the world. I am the resurrection. I will restore the lost years of the locust. I am your bread and your wine and your water. Seek Me, and be saved, for I am thy life. My presence goes before you to make the crooked places straight. My presence walks with you, beside you, within you. If you walk through the valley of the shadow of death, I will be with you. If you fall into the waters, you will not drown. If there is a fire, the flames will not kindle upon you. I am thy rock and I am thy fortress. Hide in Me. Live and move and have your being in the realization that you do not have to live your life. Christ, "T", live your life. I will never leave thee nor forsake thee."

This is the fourth-dimensional consciousness speaking. It is not a human being. There is an actual fourth-dimensional consciousness, which comes into expression through meditation. Many students can testify to what happened in their lives after they touched this center and that fourth-dimensional consciousness came to life and began to talk to them, or go before them, or enable them to rest back in the assurance that it was there. That is what we are leading to in this work—the full development and bringing forth into expression of the fourth-dimensional consciousness. The steps given in this lesson show the way in which it is done.