

Joel Goldsmith's Wisdoms on "IS" from *The Infinite Way*

In the "Wisdoms of The Infinite Way," which are included in the book The Infinite Way, there are several Wisdoms that focus on "IS." These beautifully complement our study of the chapter "God Is One," and any one of them can be helpful as a focus for a contemplative meditation.

- In the spiritual life, you place no labels on the world. You do not judge as to good or evil, sick or well, rich or poor. While appearances may show forth harmony or discord, by not judging, you merely know **IS**, and let that which truly **IS** define itself. (Wisdom 5)
- To live spiritually is to know that all is; then do not name, label, define, or judge what is. Be content to know **IS**, and *let* what **IS** reveal its being, nature, and character to you. (Wisdom 6)
- Never seek anything or any condition in prayer. *Let* harmony define and reveal itself. Let your prayer be *letting* the **IS** appear. (Wisdom 8)
- Prayer is an awareness of that which **IS** by "*seeing*" it—not making it so. (Wisdom 9)
- Prayer is the absence of desire in the recognition of **IS**. (Wisdom 11)
- Spiritual wisdom reveals the deep, clear, cool well of contentment within you through your recognition of **IS**. (Wisdom 12)
- Be at peace: God **IS**. (Wisdom 15)
- Rest in the deep, clear well of contentment within you. Peace already **IS**. (Wisdom 16)
- Daniel's vision revealed the four temporal kingdoms destroyed by a stone "cut out of the mountain without hands." As you "see" this stone being cut out of the mountains "without hands," you will observe that this stone is the Word. Consciousness, awareness of **IS**, is the stone which overcomes without might or power, but by the grace of **IS**. Be at peace. (Wisdom 20)
- **IS** alone overcomes the world. (Wisdom 21)
- The cool, clear water of the well of contentment within refreshes you with the assurance that joy already **IS**. "Peace, be still." (Wisdom 22)
- Be content with that which is. (Wisdom 26)
- Abide in the deep well of contentment. **I AM. It Is.** (Wisdom 27)
- God is not power. When you reach the center of Consciousness, you find a complete stillness—a deep well of Silence. It is not power, since there is nothing for it to be a power to, or over: *It just IS.* (Wisdom 39)
- Since God alone **IS**, and is omnipresence, prayer, true prayer, is a state of consciousness, a conscious communion in union. (Wisdom 90)
- God is life, God is love. God **IS**. Nothing else is. *Only God IS.* (Wisdom 118)

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